

HaematologyLife

haematologycancercare.com



Autumn 2023



HAEMATOLOGY
CANCER
CARE.
UCLH Charity

It was great to welcome walkers back for our 29th London Bridgathon - the hottest ever - this September!



Photo: Mark Matharu

Fire in Her Eyes are supporting HCC!



Read Daniella Livingstone's story inside!

Our 4th Race across London staff event – a great success as always!



Winners
2023

Haematology Cancer Care brings together patients, families, supporters and staff to raise funds for the haematology unit at UCLH through our activities and events. HCC has been supporting UCLH for over 25 years.

Thank you all!



Sara Goldman,
Editor

editorial.

As haematology continues to develop in ever more innovative ways, it's been exciting for HCC to fund a whole range of new projects! Nurse Leadership Development sessions ready our band 6 nurses for new responsibilities, End of Treatment School supports our lymphoma patients to face life beyond treatment, and our new Red Cell Support Worker, Selina, is already having a positive impact on the service. Meanwhile, the haematology complementary therapy service and the education and training for staff are ongoing examples of how HCC contributes to the experience of patients and staff, helping to make haematology such a special place to work. You, our patients, families, supporters, and staff, make all this possible – thank you!

Following last years' Patients' Christmas Party in the GWB, we're delighted to invite you once again to our state-of-the-art hospital on Friday, 1 December. As usual, we're shouting out to everyone who participated in our events, organised your own, or donated this year. We would really love to see you there (please RSVP!) to thank you personally, and we're already looking forward to it!

On that note, our Christmas Campaign is another easy way to support us – consider HCC your first stop for Christmas cards this year, and enter our Christmas Raffle, for the chance to win exciting prizes!

We hope you enjoy reading about the projects – and staff – we've made happen in the this edition. It's important to us that your donations are directed to the areas which resonate with you personally, so we're always delighted to share our Projects Wish List, so you can find the right one for you!

Thank you again for your continued support; it's always a pleasure to catch up with our ever-growing community. Every single one of you plays an important part in keeping our vital work going!

Sara Goldman

New HCC Red Cell Support Worker

By Bernadette Hylton
Haemoglobinopathy Clinical Nurse Specialist UCLH, Red Cell Network Education Matron
Haemoglobinopathy Coordinating Centre

Selina

from our clinical staff

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HaematologyNews

This summer has been a strange climate. Hot one day, torrential rain the next. The financial climate in the NHS currently is little different, and although UCLH has always been adept at mostly side stepping such times, even we are facing significant financial challenges. In this climate, the importance of HCC to the efficient and safe running of the service is even greater and we are so fortunate to have it. No more so perhaps than in the support of specialist nursing education and training, as without this we can't attract, retain and develop our largest workforce of a few hundred nurses. Our Advanced Nursing Practitioner Team, that work alongside the junior doctors, is a great example of this development. It's home grown; senior nurses that have benefitted from significant post graduate training and now benefit the service with their advanced clinical skills.



By Stephen Rowley
Senior Matron Haematology

I would like to wrap this edition by giving a shout out to Liz Simcock, our Lead Central Venous Access (CVA) Specialist Nurse. Most of our haematology patients will have met Liz or one of her excellent team when having a central venous access line surgically inserted in order to facilitate treatment. Liz is retiring in November after decades of service to UCLH. She pioneered the concept of a nurse led CVA Team and kept UCLH at the cutting edge (literally) of CVA therapy and has ensured our patients receive their IV lines efficiently, holistically and most importantly, safely. Her expertise and professionalism shine out and she will be sorely missed.



We are delighted to welcome Selina to the haematology team as our new Red Cell Support Worker, kindly funded by HCC! Selina will help the team offer more holistic care for our red cell patients in many different ways. This will include supporting treatment management, overseeing and aligning appointments, arranging special tests, and sign-posting to other s (such as welfare and benefit services), both at UCLH and externally. She will also help the team focus on new areas, such as screening eligible patients for potential bone marrow transplants. And her support enables the CNSs in the team to further assist patients with their clinical needs. Everything to make the patient's journey smoother and easier!

Having worked in Supportive Care, Selina knows the patients and the Trust well, so she's the ideal person to build on that knowledge and really help the service prioritise the patients' needs. Although Selina's role is new to the Red Cell Team, she is already supporting patients and staff tremendously, and helping make Red Cell patient care seamless. Thank you so much to HCC, and all the supporters whose contributions make much-needed roles like Selina's possible!

Our Education Fund

By Simon Clare
Haematology Practice Development Lead



Say 'research' to most nurses and the atmosphere in the room becomes palpable, as images are conjured of university lecturers scrutinising word counts and rejecting incorrect citations (I am forever mixing up my Harvard from my APA). It's fair to say research isn't everyone's cup of tea. However, for decades research has dominated nursing education, and driven many of advances in healthcare. Sustaining research at a grassroots level is a challenge, with researchers and educators always attempting to build capacity and encourage involvement. Funding is always concerning, with even modest projects requiring considerable resources and commitment. Despite these issues, it's always heartening to see members of our CPF team getting involved in research activities. Currently we are analysing surveys from the continuous antibiotic infusion (PIP-Taz) project. These data will help determine the effectiveness of continuous over intermittently infused medications, and give us a better understanding of patient preference. Other projects include improving the neutropenic sepsis algorithm - helping reduce the time it takes for patients to get life-saving antibiotics. This project has already demonstrated first line antibiotic infusion times well above national standards. Another notable project is exploring central venous access device (in this case, PICC lines) vs peripherally inserted vascular cannulas (PIVC) for stem cell infusions. This research is currently collecting patient experience feedback of the two types of infusion line.

This small sample illustrates the very real impact that research has on patient safety, and patient outcomes. HCC funding impacts and enables many aspects of researchers' work, from, providing funding for advanced nurse education, which often trains staff in research techniques, to equipment and devices needed to collect and analyse data. Importantly, the CPF team are a very visible exemplar for nurses on the ward who may be interested in getting involved in research but don't know where to start.

I was fortunate enough for the HCC to help fund my Non-Medical Prescribing Programme. I wanted to do this course so I can provide an improved and efficient service for our patients. Being able to prescribe will reduce the necessity for medical input and allow me to be more autonomous in my practice. I will be able to identify potential issues within the current service and allow for auditing and further improvement. I will also be able to improve the new nurse-led clinic within the service and provide medicinal education to my service users and their families, to ensure that they are fully informed about their care, understand their medications, and directly encourage self-management. By being a non-medical prescriber, I will be able to educate others on how we prescribe and the action of the drug itself. I am pleased to say that with the support of HCC I have completed and the six-month course! Thank you, HCC, for funding my course and helping me to make a difference and further support the red cell service at UCLH.



Chris Dean,
Red Cell Clinical Nurse Specialist

End of an Era

By Liz Simcock
Lead Central Venous Access Team

'I started at UCH as a Chemotherapy Nurse in 1994, and progressed to Chemotherapy Sister in the Middlesex Hospital, before joining the new Hickman Line Team created by my then-boss, Kay Eaton. It became apparent that PICCs (Peripherally Inserted Central Catheters) were a better option than Hickman Lines, and introducing ultrasound machines to help insert them made PICCs much more accessible, maximising comfort and minimising risk. ECG Tip Location technology followed, which meant patients no longer had to wait for an x-ray before using their new lines for treatment, and allowed us to start using more sophisticated, implantable ports.

We started putting lines in for Haematology patients in 2000 when the Tower opened. Dr Rabin once stopped me in the corridor to say, 'this PICC service has made such a difference for patients' - and it's true. It's been so exciting to watch the service grow – I'm now managing 11 staff!

HCC has also helped us enormously, especially with providing the new equipment we've needed to advance our service - ultrasound machines, ECG Tip Location, speakers, a projector, and most recently, a VR headset. Having that support has been incredible. Thank you, HCC!

End of Treatment School

By Fran Penny
Lymphoma Clinical Nurse Specialist



Katherine Taylor (Lymphoma CNS), Athique Miah (Attendee), Jay Thiruvengadasamy (Macmillan Support Worker)

The Lymphoma team have started a new initiative, kindly supported by HCC. Every month the team will be running an 'End of Treatment School' - a group educational session for people who have recently completed treatment helping empower them to move forward.

We know that finishing treatment, although a relief, can often be a difficult time physically and emotionally. The End of Treatment School is a relaxed, one-off educational session to help equip people to have some control over their health, offer an opportunity to discuss any issues, and meet others who have been through similar experiences.

The first session, in July, included a lively discussion and lots of laughter. A big thanks to all who attended and shared their experiences openly.

from our clinical staff

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Members of the Central Venous Access Team with Liz, 2nd right



Haematology Support Group

By **Catrina Davy**
Cancer Information Lead, UCLH

Fourteen people attended our first in-person UCLH Haematology Support Group at the Macmillan Support and Information Service (MSIS) this July. It was a great opportunity for people to meet face-to-face and for people who don't use Zoom to be part of the group. We were also pleased to welcome new members! Following the meeting, we hosted a coffee morning at the MSIS in August for anyone affected by blood cancer or a blood condition, including patients, and their partner, family, friends and carers.

Our monthly support group restarted on Wednesday 13 September. We host the group on the second Wednesday of each month from 5.30pm to 7.30pm.

If you'd like to join the support group, would like more information about it, or would like advice or support, please contact us one of the following ways:

- By phone on 020 3447 3816 (Monday to Friday 9.30am to 4.45pm)
- By email at uclh.supportandinformation@nhs.net
- Drop in: to the MSIS, ground floor of the Cancer Centre.

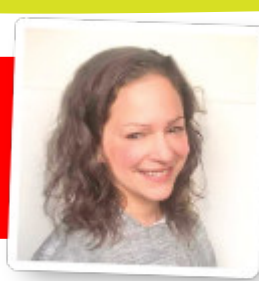


Volunteering for HCC

By **Daphne Earl**

'I've had a long connection with blood cancers, going back to 1977, when my six-year-old son was diagnosed and subsequently died. Four years later, my father was diagnosed with CLL, and in 2007, I was diagnosed with non-Hodgkin's Follicular Lymphoma. It makes sense for me to use that experience in a positive way to help and support others. I met Sheila Hegarty, haematology counsellor, at the Haematology Support Group I attended when first diagnosed. I had worked as a Principal Educational Psychologist Lead in bereavement and Sheila invited me to co-facilitate the group, which I've done for some years now. At that time, the group was supported and funded by Leukaemia Care, and we transferred to MSIS in 2012 when the Cancer Centre opened, and HCC has been supporting the group since! HCC became part of my life, and I realised it was something I wanted to do. It is nice to contribute to a charity where you see things being put into action. Being a part of HCC means a huge amount to me.'

Red Cell News



UCLH will have a leading role in the roll-out of a world-first genetic test for inherited blood disorders. This new test, which uses blood group genotyping for more accurate matching of blood transfusions, is to be offered to all people with Sickle Cell Disorder, Thalassaemia, and all transfusion-dependent rare-inherited-anaemias.

The test works using DNA analysis of a patient's blood group, to support the more accurate matching of blood transfusions, reducing complications and facilitating better allocation of blood for transfusion, reducing waste and inefficiency in blood transfusion.

It has been developed through the Blood transfusion Genomics Consortium (www.bgc.io), of which UCLH is a member. NHS Blood and Transplant (NHSBT), which will be performing the testing, hopes to accept samples by October 2023. Hospitals were given the go-ahead to start putting systems into place to prepare for sample testing on 7 September 2023.

UCLH and UCLH BRC, alongside NHSBT and Cambridge University Hospitals, made the original proposal for the development of the test, paid for via an NHS England funding award to NHSBT.

UCLH is well-placed to be a lead site in the delivery of the test, due to its scale of activity in haematology and as a designated NHSE Haemoglobinopathy Coordinating Centre.

Dr Sara Trompeter, Consultant Haematologist at UCLH and NHSBT and Principal Investigator for the BGC, has been key in this programme of work.

The genetic test is allied with an initiative called Haem-Match (www.haemmatch.org), led by Dr Trompeter and colleagues at NHSBT/Cambridge and heavily supported by UCLH BRC, which aims to improve outcomes for patients with sickle cell disorder and other heavily transfused patients.



Fire In Her Eyes

After being diagnosed with leukaemia in 2022, musician Daniella says: 'In the final week of my three-month stay at UCLH, I suddenly began writing songs again. I'd sit in my bed and write the lyrics, and then go to the piano. "Juggling Clown" (our first single, from the album 'We are Fire') is about how your mind can play tricks on you and send you down crazy paths, but you're the only one who can ground yourself. Writing it gave me a sense of clarity and purpose, and my neutrophils shot up, which I saw as my urge to fight for my life, find peace, and leave the hospital. Five of the songs on the album were written at UCLH. Second single 'Man in the Moon' launches 29 September at St. Pancras Old Church. Daniella is already working on her second album, and we can't wait to hear what's next! Daniella's band, Fire in Her Eyes - which includes sister Natasha - is supporting HCC! Thank you!



By **Victoria Dalglish-Knight**
Senior Complementary therapist

and **Ceris Fender-Reid**
Head of Complementary Therapies

Making relaxation possible for all with our online relaxation workshop

Complementary therapist Victoria has been teaching relaxation techniques since 2014, having originally trained at the Christie Hospital in Manchester. She runs the online relaxation workshop every month for UCLH patients with cancer or a blood condition.

The Complementary service would not be available for Haematology patients without the continued, generous contributions from HCC. The team are always grateful.

The workshop is designed as a standalone session that gives participants simple techniques that they can start using straightaway. If people want to consolidate what they have learned, they can repeat the workshop. Handouts are provided to support use of the techniques at home or in hospital.

Victoria says: "I start by explaining how, by using evidence-based relaxation techniques, most of us can, with practice, move from the stress response to the relaxation response.

"I cover three main styles: breathing, visualising and body/mind-based techniques. These techniques are simple but highly effective in many situations. Not everyone likes all of them, and some people may find some techniques more challenging than others. In the workshop we experience the different styles and trying them out helps each person find what works best for them. It is quite common to have an affinity with a particular style.

If someone finds a technique not quite right for them, I can make suggestions on how to do it differently and make the techniques your own. They need to feel right within you so that in time your body and mind reach for them automatically. Finding what works is the key - along with enjoying the practice."

As one participant puts it:

"Being a stressed-out person at the best of times, the workshop helped me to put relaxation into practice. In short, it's learning by doing."

Relaxation techniques can be useful before or during appointments, treatments, or procedures, especially if you're feeling apprehensive. During a hospital stay or while needing to rest, they can help pass the time and help support restorative sleep.

To join the next workshop call us on 0203 447 8663.

Our Projects!

How we are helping the haematology unit! Everything listed here is funded by HCC, thanks to your support!

- Benches for the Terrace, GWB
- Complementary Therapy service for patients
- Co-sponsor, Cancer Clinical Trials Unit (CCTU) conference, October 2023
- Eye Movement Desensitisation and Reprocessing (EMDR) therapy
- Exercise bike and treadmill for inpatients
- Leadership Development Programmes
- End of Treatment School for Lymphoma patients
- MDS/MPN Network Event
- Nurse wellbeing
- Patient and staff portrait drawings
- PhD research project making CAR T-Cells available to more patients
- Pizza Evenings for our young adult inpatients
- Red Cell Support Worker - Selina!
- Sleep cap service
- Snack Trolley for haematology inpatients
- VR headsets for patient and staff wellbeing



Portrait Project

This August marks a special birthday... a decade since our portrait artist, Simon Tolhurst, began the amazing HCC Portrait Project! The project, which involves Simon drawing patients and their loved ones during treatment, provides an interesting distraction during long treatment times, as well as a free portrait. Almost 500 drawings have been made - including some of staff members, made over video calls during the pandemic!

The project has recently been featured in online news articles by BBC and ITV, several newspapers, and a special short film for the BBC 'The One Show! The film, presented by Victoria Derbyshire, features Simon drawing the wonderful Karen, who agreed to discuss her experience while posing for a portrait during treatment. Also interviewed were Chemotherapy Sister Sara Malone, who discussed the project's positive impact on patient wellbeing, and patient Sharmain with her daughter Elaine, who spoke about what her portrait means to them now that Sharmain has completed her treatment.

The film demonstrated the impact the project makes to patients, helping them regain a sense of individuality and identity during cancer treatment. As Victoria Derbyshire said, 'Simon's drawings absolutely capture the raw emotion and the courage, strength and focus that people need in the most difficult times.' We could not agree more - well done, Simon!

If you would like to have your portrait made, please contact simon.tolhurst@nhs.net.



London Bridgathon

Our London Bridgathon was a blast, and quite possibly the hottest ever! It was great to be back welcoming over 165 walkers at Vauxhall Pleasure Gardens. Special mention to regulars the GT Fan Club, the Carters (from Jersey), Diane and the Hedgehogs, Francesca Sewell's group and Tracy Copping's Warriors! Thank you all for coming and being part of our HCC community. We raised an incredible £18,000 so far! The Bridgathon is our flagship event incredibly, in its 29th year. You are all invited to celebrate our 30th anniversary with us next year on 8 September 2024!

It's good knowing our 'local to you' walks are still going strong! This year in North London, Reading and Surrey, as well as holiday walks in Madeira and Tenerife! To sponsor our London Bridgathon please visit www.justgiving.com/campaign/londonbridgathon

Royal Parks Half

Our team for the Royal Parks Half on 8th October is ready for the big day! Kate Tymon, Faye Gosling, Chris Coles, Margy Coles and Anna Coles are running in memory of Chris' dad and Margy's husband Bob. From UCLH, Ward Sister Issy Morgan, CNS Fhuong Hoang, CPF Rob McDonnell, Staff Nurse Vanessa King and Dr Mike Northend. HCC supporters include Amanda Saunders, Clare Hodge, Jackie Carey, Alex Bennett, Jade Newbury, Ellie Attridge, Simon Holt, Stephanie Collins, Tom Collins and Oleksandr Bashuk.

We're looking forward to cheering you all on! #loveHCC

'Being part of the Haematology Support Group helps me to talk about anything and listening to others and offer advice when I can. We make friends within a safe and confidential structure.'

Mark

'It was great to meet up again. A great group of friends!'

Jill



The Asics London 10k

Our team for The Asics London 10K had a massive 33 runners, with lots of our wonderful haematology staff lacing up their trainers once again! Joining them was Matthew McArdle (brother of marathon runner Louie), together with Jack Cartwright, Lucy Sharp, Daniel Cave and Anwen Fenner, running in memory of Colin McArdle. Eric Morgan and Abigail Bangura from Keep it Moving TV joined the team to make a behind-the-scenes film of what it's like to run in the 10K for HCC, check out the video on our Facebook page! HCC supporters included Nick Tziakouris, Alex Bennett and Helen Gebremedhin and from the HCC office, Tori, our brilliant Fundraising Assistant, breezed through the course to do us proud! As always, Team Haem produced a wonderful performance in hot and sunny conditions, with our amazing runners raising over £8,000! Thank you everyone!



Race Across London

This June, our amazing Team Haem cyclists saddled up and put their thinking helmets on for the fourth annual Race Across London! Our intrepid haematology staff cycled across the city, solving clues and snapping photos along the way. Congratulations Brian, Jason, and Ivy - this year's winners! We are so grateful for all the wonderful haematology staff who give their time and energy to help fundraise for HCC. Special thanks to Kerry White and Rob McDonnell for organising the event, and volunteers Margaret and Daphne for devising the race's cunning clues!

RideLondon -Essex 100

A huge thank you to our incredible RideLondon-Essex 100 team this year! UCLH's wonderful Chief Nurse Vanessa Sweeney was joined by ANP Diego Prieto, Ben Green, Michael Okarimia, Kevin Lau, Mark Rigby, Rob Horne, Gavin Mead, Jonathan Press (above) and a three-person peloton made up of Joshua Breckman, Emily Brosnan, and Nadir Guessoum. Together, they cycled a collective total of 1,300 miles and raised over £7,500 for HCC! Well done, Team Haem!



Community Roundup

We never have enough space for all our individual supporters and this edition is no different! The Georgia Hutchins Fund held a music and comedy extravaganza in Epping (right), bringing the fund total to over £41,000 raised in memory of Georgia!



Comedian Stephen Carlin

HCC supporter Clive Marshall and Gravelly Barn held a Food and Art event which raised £5,000. Rob Scott (left) completed an incredible Iron Man triathlon in Switzerland, raising more than £4,000!



Not to be outdone, 13-year-olds Coby Clifford

held a Crazy Golf Day in June and Alex Peterman ran 130km in July! Lee Brooks got on his bike for the London to Brighton Cycle Ride! David Bradshaw and Julie Emery held garden parties to support HCC in the sunshine and John and Christine Bodman held a Vintage Car and Tractor and Dog Show (right), raising over £1,500!



Meanwhile, Lucy Musgrave continues to cartwheel her way through 2023 in celebration of her end of treatment, with almost £15,000 raised so far, and Paulo Matias (left) has

just completed his epic cycle ride all the way to Portugal! Phew! Thank you everyone, you are amazing!

By Simon Tolhurst

'It was good to attend the Haematology Support Group meeting on 12 July, my first since Covid, meeting new and old members. I always come out of our meetings feeling I've been in the company of really nice people and good friends, and feel much better for it.'

Terry

London Marathon

We were delighted to have our biggest team ever for this year's London Marathon - eight runners, several of whom were first-time marathoners!

Quite a few of our fantastic runners participated in memory of loved ones, including Louie McArdle (above), who ran in memory of his dad, Colin. Louie said, 'UCLH and HCC cared so compassionately for my dad. Sadly, he lost his battle in 2021, despite the brilliant doctors, nurses and staff doing all they could. My family and I are eternally grateful for these fantastic people.'

Shane McNeill ran in memory of his partner, Nunzia; India Dafter, in memory of her dad Ian Dafter; Faye Ventre (right) on behalf of the Georgia Hutchins Fund; and Luke Flatley, whose mum, Rita, recently retired from her role as UCLH's Lead Haematology Advanced Nurse Practitioner. Thank you to all our runners, including Ellie Attridge, Tina Starling and Jeremy Webb, who supported HCC with their ballot places.

In total, they raised over £40,000! Incredible! Well done everyone!



Food and Art!

Thank you so much to Clive, Madeleine, Jane, Glynnis, Chris and all the team at Gravelly Barn, and all the artists taking part, in the Food and Art (FART) 23, which raised £5,000 for HCC! Some of the artworks by HCC related artists are still available! Contact simon.tolhurst@nhs.net if you'd like more information on an artwork, 20% of the sale price will be donated to HCC).

Christmas Cards

We have three designs of our Haematology Cancer Care Christmas cards this year, which we hope you will like!



To order cards please complete and return the order form.

SPECIAL DONATIONS

We gratefully acknowledge donations from friends, family and colleagues of:

Andrew Mirza, Arnold Hersheson, Barry Demetriou, Bob Coles, Carolyn Perryman, Chris Fassis, Colin McArdle, Craig Law, David Hayes, Efi Athanasiou, Francis Poacher, Ian Dafter, Irene Timlett, Jeff and Ken Davis, John McCann, Julia Thornton, Keith Moor, Leanne Osbourn, Lynne Horsman, Mark Law, Margaret Evans, Martin Paerse, Michael Healy, Nasifa Hannan, Nicola Gough, Nunzia Fasciano, Paul Shipperlee, Rekha Shah, Sheila Wadsworth, Andy Sarsby Foundation, Georgia Hutchins Fund, Jessica Trotman Fund, The GT Fan Club

Foreign Currency

Our foreign currency campaign raises lots of funds for HCC and we accept all notes and coins including pre-Euro currency and old UK coins. Get in touch if you have any currency!

I'm leaving a Legacy

HCC was a huge part of our daily lives while Graham was a patient, and since his passing, the team has remained a real source of comfort and inspiration to me, together with my friends and family as the GT Fan Club; and I do as much as I can to support them!

Graham and I wanted to make a provision to HCC as part of my updated will, which was simple to put in place and my solicitor was happy to advise how to manage the wording in a way that worked best for me. It means that I can gift money to HCC when I die, all as part of Graham's ongoing legacy. I encourage others to do the same. – **Mel Threader**

HCC stars:

Aadam & Ibrahim Hannan, Alex Peterman, Barry Turner, Clive Marshall, Coby Clifford, Daniella Livingstone & "Fire in Her Eyes", David Bradshaw, David Peters, John and Christine Bodman, Josie Wagg & Isosceles Finance Team, Julie Emery, Kate Yateman-Smith, Lee Brooks, Lucy Musgrave, Maxwell Labi & Enterprise Technology Team, Paulo Matias, Rob Scott and Jenny Wyman.

Thank you for your extraordinary support!

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Christmas cards & Raffle tickets order form 2023

Please print your details clearly and return the order form as soon as possible.

Name: _____

Address: _____

Postcode: _____

Phone: _____

Email: _____

Christmas Cards 2023

'Christmas Village'

I order: _____

packs of 10 cards

£4.00 each



'Procession of the Magi'

I order: _____

packs of 10 cards

£4.00 each



'Speedy Santa'

I order: _____

packs of 10 cards

£4.00 each



P&P: up to 3 packs £1.50 · 4+ packs £2 · Orders over £40 free

Raffle Tickets

Please send me _____ books of raffle tickets (five / £5 per book)



I order 'Aftershock' an exciting recount of his two Everest trips including surviving the avalanche in 2015, by Jules Mountain, HCC Ambassador. Royalties to HCC. £10.00 each

I enclose £ _____

Grand total.

Thank you for your support!

HCC HaematologyLife Magazine (free, twice yearly) and HCC monthly supporter's email

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☐ Just mail ☐ Just email ☐ Both

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For online orders, please email us at uclh.hcc@nhs.net and pay via www.justgiving.com/campaign/hcc and reference your name and order. If you're ordering by post, our address is: HCC, Ground Floor North, 250 Euston Road, London, NW1 2PG. Cheques made payable to Haematology Cancer Care.

Donations made simple

HCC is completely funded by donations and directly supports the haematology services at UCLH. We are grateful for all donations, large and small.

- To donate online please visit justgiving.com/campaign/hcc
- Or, to sponsor staff directly visit justgiving.com/fundraising/hcc-teamhaem
- Cheques can be made payable to Haematology Cancer Care and posted to our mail address (below).
- To donate via BACS, please get in touch for our bank details.

If you are a UK taxpayer, and eligible for Gift Aid, we can claim an additional 25% of your donation, for no extra cost. To do so, enclose a dated note with your full name and address or request our gift aid form.

Please contact us about anything fundraising or donation-related, including gifts for HCC in your will, or set up a fund in someone's name.

Your contact details are used to keep you informed of Haematology Cancer Care's activities. They are held securely on a database at UCLH and will be treated confidentially. We will not pass your details to third parties unless we are required by law to do so. If you're receiving HaematologyLife you have 'opted-in' or supported HCC in some way previously. Please get in touch if you would like to opt out.