

HaematologyLife

haematologycancercare.com



Spring 2024



Celebrating 30 Years!

of supporting Haematology at UCLH!



Our #TeamHaem cyclists are raising funds this May to celebrate our 30th birthday! Good luck to Matron, Sonia and Gavin, haematology CCU and two ANPs Diego and Kerry - who is going for the London Classic!
www.justgiving.com/fundraising/hcc-teamhaem

A special Bridgathon in our 30th year!
www.hcc-london-bridgathon-2024.eventbrite.co.uk/

Thank you all!

Haematology Cancer Care brings together patients, families, supporters and staff to raise funds for the haematology unit at UCLH through our activities and events. HCC has been supporting UCLH for 30 years.

Sara Goldman,
Editor

editorial.

This Spring is incredibly exciting for HCC, with our 30th anniversary celebration - thirty years of supporting haematology at UCLH - how time has flown! To mark the occasion, we're holding a birthday party in the GWB on 24th April, also reflecting on 30 years of the haematology service at UCLH, with special guests and founders, Professors Tony Goldstone, and David Linch. Of course, Tony is also HCC's founder!

Looking back to the earliest days of HCC (or LALU), we brought together supporters who were fundraising autonomously, and that simple act created the beginnings of our wonderful community and annual activities and events, including the much-loved, now iconic, London Bridgathon (thank you Lawrence Peterman)!

By collaborating closely with patients, families, staff, and supporters to ensure donations make a significant impact on the service, we have become part of the fabric of the haematology Unit. We find projects that matter, from our popular snack trolley to long-term funding of the complementary therapy service and continuing professional education for our nurses! Huge thank you to all those who have made this possible by volunteering, participating in an event, donating a raffle prize, buying Christmas cards, donating, or anything else! We have raised £6 million!

We have an enormous degree of staff engagement! To celebrate our milestone, our staff are embarking on the Yorkshire 3 Peaks, the London to Brighton cycle ride, staff bake sales as well as a half Iron Man - thank you Sonia! See back page to support these endeavours!

We're hoping our 30th London Bridgathon will be the biggest ever, so please join us in celebrating at our inclusive, flexible route, and it's still free! Thanks to all our patients, supporters and staff who have made the past 29 walks such fun!

Lastly, we're collating stories about your connection with HCC and the unit. For a chance to be included in the bumper autumn edition of HaematologyLife, we'd love to hear from you, by July! Here's the link: <https://haematologycancercare.com/haematology-cancer-cares-30th-birthday/> or email us on hcc@nhs.net. We hope you think HCC is as special as we do, and here's to the next 30 years!

Sara Goldman

It's the wonderful people that give their time that makes this charity so special and makes all the difference for the patients - THANK YOU'

Julian Mountain,
HCC Ambassador



from our clinical staff

2

HaematologyNews

I can't profess to have been at UCLH for all of the last 30 HCC years, but 27 years and still going isn't too shabby. I joined UCLH as a Charge Nurse of PPW3 Haematology Ward in the Rosenheim Building - which sat exactly where the Grafton Way 'Haematology Hospital' Building does today. I'd joined from another large NHS hospital and was immediately struck by how much easier it was to get things done in my new service, not least due to the unit having its own dedicated charity fund - in those days called LALU, now of course HCC.

As well as purchasing badly-needed equipment, or novel equipment to help give the service an edge, the fund also invested in staff education and wellbeing. This was unheard of in those days and reflected a highly progressive forward thinking team and the roots of what we enjoy today.

We used to have a handful of haematology nurses looking after a few haematology beds on a general medical ward. We now have over 350 specialist haematology nurses looking after hundreds of patients every day! It takes a huge amount of education and training to create and maintain such a specialist workforce, and I can't put into words how significant HCC's support of nursing education has been. Our nursing teams recognise this, and support the charity with numerous fundraising events per year which are often undertaken with patients and their families too. In fact we will soon be starting training for a fund raising event involving haematology nurses who have no sailing experience, participating in the 100 year old annual yacht race around the island of the Isle of Wight in June. This has created a unique and genuine sense of 'family' across our service and the impact of this is evident day to day. This magic ingredient in the Haematology Service at UCLH is quite simply down to Sara Goldman, HCC's Fundraising Lead. Her foresight, creativity and passion for supporting haematology patients undergoing intensive treatments, lies at the heart of HCC and has done for 30 years! It's worthy of celebration and we intend to do exactly that.

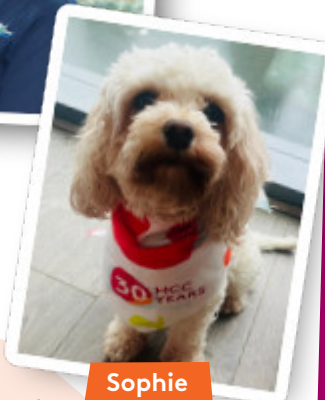


By Stephen Rowley
Senior Matron Haematology

Sonia supports HCC's 30th!

Having already cycled an incredible 500 miles, smashed two London Triathlons - one of which was an Olympic Distance - rounded things off by running the Royal Parks Half with 'TeamHaem' in 2021, our Haematology Matron Sonia is back! Keen to support HCC's 30th, she is taking on the RideLondon-Essex 100 this May (not for the first time) with colleagues, and taking on the Bolton Half Iron Man this June! For those not in the know, it's a 70.3 miles is a half Ironman distance triathlon, consisting of a 1900m swim, 90km bike ride and a half marathon to finish. Thank you, Sonia, we really appreciate all you do for HCC! And special thanks for providing us with the cutest mascot, Sophie, seen here in her HCC 30 Years bandana!

www.justgiving.com/fundraising/hcc-teamhaem



Sophie

Our Education Fund

By Simon Clare
Haematology Practice Development Lead



This year, Haematology Cancer Care Charity (affectionately shortened to HCC) is recognising its' 30th Anniversary in April.

I have my own small anniversary this year - 20 years at UCLH in Haematology. In that time, I have witnessed up close the incredible contribution that donors, supporters, and volunteers have made to our haematology team. So many members of staff over the years have answered Sara's call to action - running, cycling or plain walking, just about everywhere, and I even completed the London 10K for HCC once! I have tried to document some of these remarkable achievements over the years, and the very real impact that these contributions have made to staff and patients. I believe the donation of money is secondary to what HCC gives us collectively - every person who gives so kindly of their time and money does so, in part, to remember, to celebrate the lives of the thousands of people we have treated and the many thousands more we continue to treat.

This anniversary gives us a moment to reflect, an opportunity to remember how far we have come and how many lives have been impacted by simply getting involved. Happy Birthday HCC from everyone in the Haematology Practice Development Team.

As a result of the Living with and Beyond Cancer course I have led the care of patients who completed their chemotherapy treatment and have been readmitted due to side-effects of their treatment. In one example, we were able to use learning from the course to support a young patient with complex psychological issues from her treatment to start moving on from fears of relapse and readmission, and she has recently returned to university feeling she can look ahead to the future for the first time since her diagnosis.

Additionally, the Palliative and End of Life Care course empowered me to lead a ward project involving multiple teams, empowering nurses to engage patients in difficult conversations after receiving bad news. Patients were able to speak more openly about how they felt, including about their condition and their treatment, allowing patients to feel heard and have their wishes acted on where they hadn't felt comfortable speaking up before.

Thank you so much to HCC who have funded and supported myself and so many of my nursing colleagues! Thank you also to all those donors who continue to fund professional education for nurses; through this funding we can develop (and most importantly, retain) so many of our excellent nurses - which brings me great joy as a Ward Manager, seeing people reach their full potential!



Jason Fletcher,
Ward Manager 2N
GWB

Drawing to a Close

from our clinical staff

3

The long-running, HCC Portrait Artist in Residence project has ended after a decade. Started in 2013, our portrait artist Simon Tolhurst, offered the opportunity of a portrait drawing to patients having treatment in Daycare, Haematology Supportive Care, or as an in-patient on the haematology wards. The project proved hugely successful, with patients and loved ones enjoying the activity of being an art model, appreciating the distraction from long appointments and treatments and the resultant drawing. Patients were given signed prints of their portraits, with extra copies for friends and family.

Over 500 drawings were made during the residency and the project received publicity in articles and short films, including for the BBC 'The One Show' last June. Another film from 2017 is on the BBC website: <https://www.bbc.co.uk/news/av/health-39577218> and articles about the project are on BBC News and ITV news online.

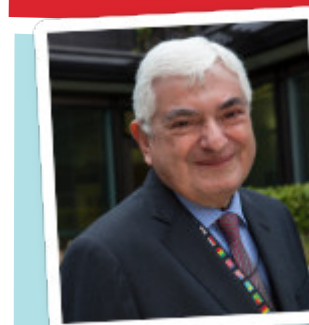
Simon said "It's been a huge privilege to meet, and make the portraits of, so many wonderful people at UCLH, both in the UCH Cancer Centre and in the GWB and T16. I'm already missing this role!" Thank you so much Simon! You can read more about the project on Simon's website: <https://simontolhurst.wordpress.com/>

Prof Emma Morris,
Professor of Clinical Cell and Gene Therapy, Director, UCL Division of Infection & Immunity, Consultant Haematologist (BMT), Royal Free and UCLH, UCLH/UCL NIHR BRC Programme Director, Clinical Lead, Adult Immunodeficiency BMT Service, HCC Patron

HCC sums up the remarkable sense of belonging that patients feel at UCH. It knits people together, making them feel they belong to something and want to give something back. It funds fantastic research, staff education, and buys extras which help make patients feel more human and that they matter.

Professor A H Goldstone,
HCC Founder

HCC has brought together an unshakeable bond between patients and staff to everyone's benefit. Commitment and leadership have led it to an extraordinary place. It is an example of what can be done in some parts of a struggling Health Service. Vision, tenacity & determination have triumphed.





Haematology Support Group

By **Catrina Davy**
Cancer Information Lead, UCLH

We're pleased to announce that we now have four support groups for people affected by blood cancer or a blood condition:

- CAR T-cell support group
- Haematology support group (for people affected by blood cancer or a blood condition)
- Myeloma support group
- TTP and platelet disorder support group

At the groups, you get the chance to meet other people, share experiences and support each other. The groups are facilitated by healthcare professionals. So, you can ask them questions too. Everyone is welcome at the group, including people having care at UCLH and their friends, family and carers.

If you'd like to join a support group or if you'd like more information about them:

- call 020 3447 3816 (Monday to Friday 9.30am to 4.45pm)
- email at uclh.supportandinformation@nhs.net
- visit our website uclh.nhs.uk/supportgroups
- or drop into the Macmillan Support and Information Service, on the ground floor of the Cancer Centre.



Supporting our Critical Care patients!

Gavin Cooper,
nurse and clinical practice
facilitator, Critical Care Unit, GWB.

The recent contributions HCC have made to the haematology intensive care have really helped make the unit more comfortable for patients and their families. Every room in the intensive care unit now has a smart speaker so that patients and their family can play music, radio or podcasts to reduce boredom and lower stress levels. HCC also donated two chairs which pull out into beds for family members to stay at the patient's bedside overnight in some circumstances. Improving family members sleep quality means they are in a better position to help support and care for their loved one.

Red Cell News

World-first genotyping test that could transform care for people with sickle cell Disease. The NHS has become the first healthcare system in the world to provide a new blood group genotyping test which is set to transform care for patients living with sickle cell disorder and thalassaemia. Some 18,000 people in England will now be eligible, with UCLH having played a vital role in the proposal and development of the testing programme.

It is hoped that DNA analysis of a patient's blood groups will, in the future, allow for more accurate matching for people who need transfusions and help find the best compatible blood for patients with complex requirements. Dr Sara Trompeter, consultant haematologist at UCLH, has been key in this programme of work.

Life-saving transfusions are commonly used to treat rare inherited blood disorders, but around a fifth of patients develop antibodies against certain blood groups following transfusion. They can then experience delays to treatment due to the difficulty in finding enough matching blood and sometimes blood transfusion reactions. To help improve blood-matching and reduce the risk of antibodies developing, NHS England, in partnership with NHSBT, is encouraging patients with sickle cell, thalassaemia and transfusion-dependent rare inherited anaemias to have this test taken alongside their routine hospital blood tests.

Sara Trompeter said: "Knowing the extended blood groups of patients, alongside the similar programme in the donor population is a necessary step to improve the ability to match blood for our patients, improving transfusion care".



VR headsets making a difference!

By **Andre Thomas**,
Youth Support Co-ordinator

'I had the pleasure of supporting Sophie, one of our TYA (teenage and young adult) patients today as she had her PICC line removed. Sophie was extremely anxious despite Mum and Dad being present. I asked Sophie if she would like to try the VR (Virtual Reality) headset to help calm her emotions. Sophie agreed, and I found a mindfulness program on the VR for Sophie, and she followed the instructions such as breathing in and out. During the removal, Sophie did not make a sound or move, and when she became worried, the PICC had already been removed, and she was relieved. Sophie said the VR headset distracted her and alleviated an anticipated heightened anxiety.'

HCC has funded four VR headsets across haematology inpatients and in the Cancer Centre – thank you the Andy Sarsby Foundation for donating these!



Complementary therapist Domini completes our team

By **Ceris Fender-Reid**,
Head of Complementary Therapies

The complementary therapy team are delighted to be fully staffed at last with aromatherapist and reflexologist Domini Stone joining us just over 6 months ago - in time to inspire the team to come together to get active for the Bridgathon! With her excellent experience, her person-centred approach and her calm, warm and down to earth manner Domini was just the right choice for the team and for our patients. And for Domini working here at UCLH means finally getting to where she had been aiming for in her complementary therapy career.

With a background as a secondary school language teacher, for Domini that journey began 10 years ago when she started volunteering at Ronald MacDonald House giving complementary therapy to parents and carers of children being cared for at Kings College Hospital. This led on to more volunteering at Paul's Cancer Support Centre and the Marie Curie Hospice which expanded her specialist complementary therapy experience while she continued paid roles in education. At one point she thought she might be an eternal volunteer, but the time had to be right for her to follow her passion and make the full career change into complementary therapy. And when it was, her years of volunteering, along with the right personal qualities, certainly gave her what we were looking for.

Domini was new to working with people with haematological conditions when she started here and says "Every day is different and there is always something to learn. Everyone is willing to help from my colleagues in the team to the nursing staff. The highlight of the work is of course the patients. Seeing someone fall asleep or look so peaceful and calm, knowing that you're helping to make even a small difference means so much."

Thanks as always to HCC's generous funding for making this possible.

These are the words that spring to mind about what HCC means to me: hope, comfort, and community. Completely coincidentally HCC all over again. These are the things that keep me going in life and the reason I feel committed to give something back.



Mel Threader,
HCC Ambassador

Our Projects!

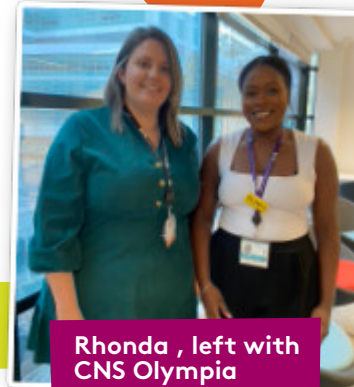
How we are helping the haematology unit! Everything listed here is funded by HCC, thanks to your support!

- Benches for the Terrace, GWB
- Critical Care Unit patients support
- Complementary Therapy service for patients
- Co-sponsor, Cancer Clinical Trials Unit (CCTU) conference, October 2023
- Exercise bike for inpatients
- Leadership Development Programmes
- End of Treatment School for Lymphoma patients
- Autologous Stem Cell Transplant School
- MDS/MPN Network Event
- Nurse wellbeing
- Patient and staff portrait drawings
- PhD research project making CAR T-Cells available to more patients
- Pizza Evenings for our young adult inpatients
- Red Cell Support Worker – Selina!
- Sleep cap service
- Snack Trolley for haematology inpatients
- VR headsets for patient and staff wellbeing
- Daycare employee of the month



Improving Black Health Outcomes

By **Rhonda Henley-Smith**,
NIHR BioResource @UCLH Manager



Rhonda, left with
CNS Olympia

The NIHR BioResource is a group of nearly 300,000 volunteers in England who contribute to improvements in NHS care by participating in research. Participants provide a one-off blood sample to extract information about DNA and complete a questionnaire about their health and lifestyle. There is a disparity in the communities that are represented in research, with those of Black African and Caribbean descent being the least likely to be represented.

The NIHR BioResource created Improving Black Health Outcomes, (IBHO) to provide a dedicated avenue for people to join and encourage more research into conditions and diseases affecting these communities. NIHR BioResource has teamed up with Genomics England Diverse Data Initiative, supported by their clinical lead for sickle cell, Dr Sara Trompeter, to support inclusion of people with sickle cell to improve understanding, treatment and outcomes for people living with sickle cell disorder.

NIHR BioResource @UCLH is supported by the BRC and we are excited to champion and recruit patients and their family members to IBHO, and contribute to this vital research. For more information, please scan the QR code to send us an email (or email directly on uclh.bioresource@nhs.net).





London Bridgathon

As it's our 30th anniversary this year, we're extra specially looking forward to welcoming you to our 30th London Bridgathon! At the leafy Vauxhall Pleasure Garden as usual, the Bridgathon is one of our favourite events of the year because it's a wonderful opportunity to see old friends, and meet new ones, while supporting HCC! As always, while the full route goes up to a hefty eight miles, most participants adapt the distance and route, even making it just a simple short walk followed by a drink or lunch! What better way to spend the day than strolling along the Thames taking in London's most iconic sights?

'It's always special to both of us to be part of the HCC community. I was very unwell with AML a few years back and Annie was my stem cell donor. I'm alive and well and really looking forward to walking the route once again this year with the help of my sister's DNA!' Jane Morris

'I take part because I'm so grateful for all HCC does to enhance patient and staff care. I love the camaraderie, the beauty not only of London but the walkers, volunteers, staff, with no pressure either on time, distance, or speed. Do it, you won't regret it!' Tracy Copping

If you can't join us at Vauxhall Pleasure Gardens, why not bring the fun to you by creating your own walk locally. We'll mail you tee shirts too! We can't wait to find out which you choose this year!

Register via the enclosed flyer, for the London Bridgathon, Sunday 8th September. Please join us to make our 30th event the best!!!



London 10k

It's not too late to join our brilliant team for the 2024 Asics London 10K run on 14th July! No matter how new you are to running, this achievable 10K route around London is a fun and exciting way to take in sights including the London Eye and Big Ben! It's the most popular mass participation event in our calendar! To participate, contact uclh.hcc@nhs.net.

Volunteering for HCC

By Michelle Peterman

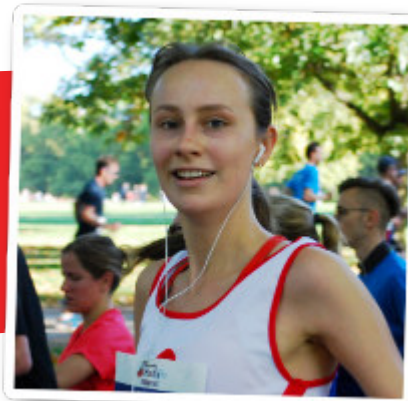
"I've been involved with HCC before it was even called HCC and Sara had started! My brother Martin was treated on the unit in 1993 and so with a group of friends, we decided to set up a charity committee and started fundraising for the unit through various social events. Sadly my brother died, but I have continued volunteering for HCC. I've been involved with many of the events, helping with the creation of the Bridgathon and regularly work in the fundraising office. I can often be found on the HCC stands, at the new charity hub and have come into my own over the festive season, processing the Christmas card & raffle orders! I love my time volunteering with the team and it's great to see the charity go from strength to strength continuing to help patients, families, and staff." If you would like to join our volunteer team, please get in touch!



RideLondon-Essex 100

This much-loved, iconic RideLondon 100-mile cycling event, with a route which takes in both central London landmarks and the Essex countryside, is one of the best cycling festivals in the world! Our amazing Team Haem cyclists raising money for HCC this year include our matron, Sonia, Gavin, haematology CCU, two ANPs Diego and Kerry, who is going for the London Classic! Also cycling is a team from Pearse Partners! To join, contact uclh.hcc@nhs.net but hurry - spaces are filling up!

Royal Parks Half



On 13th October, another amazing team of runners will be lacing up their running shoes for HCC at the London Royal Parks Half! This is a stunning half marathon which takes place on closed roads through Hyde Park, The Green Park, St. James's Park and Kensington Garden, past world-famous landmarks. Just signed up are Chuckie and Nancy from GWB! To join the team contact uclh.hcc@nhs.net.

Community Roundup

By Simon Tolhurst

Our packed round up begins with Aadam and Ibrahim Hannan, who together with their father Alam, climbed Mount Kilimanjaro in memory of their mum and Alam's wife Nasifa, raising over £8,000



Also climbing mountains are Maxwell Labi and the Enterprise Technology Team, who climbed Snowdon, in support of their colleague Morris, raising over £1,300!



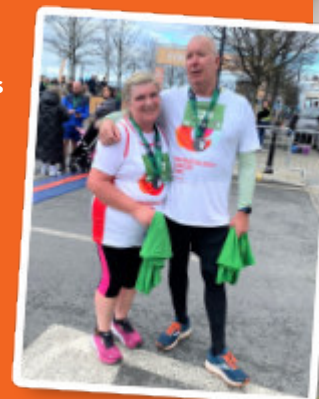
David Bradshaw and family held a garden party with a raffle, book stall and scones! Raising over £1,100!



At Christmas, we were joined by snow people and gnomes from Eloise Swain and The Merry Knitters, containing

delicious chocolate treats! All the knits found new homes raising smiles and £500 for HCC!

Also knitting Christmas decorations was Isi Billington, who made miniature bobble hats and scarves for the tree, raising £515 in support of her daughter Hollie's treatment. Isi and Hollie are also supported by friends Linda and Colin Pemberton who ran the Liverpool Half Marathon, raising over £1,250!



The Georgia Hutchins Fund are running multiple events to mark what would be Georgia's 30th birthday, including a music evening, a comedy evening, a sky dive and much more!

Margaret Cevik raised donations through her fascinating voluntary talks! Topics included, the power of friendship, history of women convicts sent to Australia in the 1700's, and the history of Barn Quilts in the USA.

Last but not least, Luigi's Big Shave saw Luigi's treasured moustache disappear for the first time in 50 years, raising over £1,300 for HCC and Macmillan!

Thank you to all our amazing fundraisers! #loveHCC



A Cartwheel a Day

By Lucy Musgrave

I'm in remission from AML and I am fundraising for the UCLH Haematology Unit nurses' education. I do a cartwheel a day! I started on 1st January 2023, and I am not planning on stopping quite yet. It makes me feel alive and strong and I like surprising myself and other people – it makes me and random strangers smile.

I've had lots of fun, met some incredible people, cartwheeled on the picket line a few times, been invited to cartwheel in extraordinary places like St Paul's Cathedral, the red carpet at the Baftas with Mo Farah, and on Paul Smith's worktable ... and I have raised £21,500 so far.

I cartwheel for all families who go through a loved-one having leukaemia (including my own) and for all patients. And for the power of love and the power of nurses' education and research. Hopefully, a simple cartwheel can provide a little positive energy.

I feel like I am becoming a better cartwheeler but you can judge that for yourselves if you follow me on Instagram @lucy.musgrave or visit my website: [cartwheel-a-day.webflow.io/](https://www.cartwheel-a-day.webflow.io/) with a link to my www.justgiving.com/fundraising/LucyEllenMusgrave. Thank you.



Extra-ordinary Staff Bake Sales!

Our spring staff bake sales are proving so popular with staff, that the first two sales raised almost £700, all for our 30th anniversary! There's one more to come, on Thursday 25 April! Thank you, Olla, for all your hard work and delicious food – it's much appreciated and a great way to grab lunch or a treat!

Raffle Prizes Please!

Our Raffle raises a fantastic £12,000 annually for the Unit and relies completely on donated prizes. It would be wonderful to hear from anyone who could donate something for the 2024 Christmas Raffle!



SPECIAL DONATIONS

We gratefully acknowledge donations from friends, family and colleagues of:

Leke Adesoye, Antoinette Alteresco, Vikki Box, Ken Callingham, Pat Crawley, Bob Coles, Chris Fassis, Brian Fowler, Nasifa Hannan, Michael Healy, Lynne Horsman, Mark Law, Shaun Lewis, John Lightfoot, Colin McArdle, Laurie Marsh, Andy Mirza, Jennifer Susan Northfield, Jane Oldfield, Rob Parkin, Ken Peters, Kathryn Saunders, David Sewell, Joy Sheppard, Eamonn Sheridan, Sid Socrates, Michael Spencer, Elias Taylor, Julia Thornton, Marian Trapani, Sheila Wadsworth, Jonathan Wheeler, Alan Woodford, Glyn Wyman, Andy Sarsby Foundation, Georgia Hutchins Fund, GT Fan Club and Jessica Trotman Fund

Foreign Currency

We accept all notes and coins including pre-Euro currency and old UK coins. Get in touch if you have any currency – it's a great way to support HCC!

I'm leaving a Legacy

HCC was a huge part of our daily lives while Graham was a patient, and since his passing, the team has remained a real source of comfort and inspiration to me, together with my friends and family as the GT Fan Club; and I do as much as I can to support them!



Graham and I wanted to make a provision to HCC as part of my updated will, which was simple to put in place and my solicitor was happy to advise how to manage the wording in a way that worked best for me. It means that I can gift money to HCC when I die, all as part of Graham's ongoing legacy. I encourage others to do the same. – **Mel Threader**

HCC stars:

Isi Billington, Luigi Brago, Daniel Saunders, Eloise Swain, Jason and Ben Evans, Olla Mahmoud, Lucy Musgrave, Sophie Myhill and the team at Advent Bio, Linda and Colin Pemberton, Lyla Press & Sadie Newsome, Joanna Vigo-Mestres, Jenny Wyman & Margaret Cevik

Thank you for your extraordinary support!

Visit us at the new charity hub on the ground floor, UCH Cancer Centre, or at our office, 5th floor, Garden Side!

Haematology Cancer Care, Sara Goldman, Senior Fundraising Manager, Simon Tolhurst and Tori Marshall, Fundraising Officers. e: uclh.hcc@nhs.net

Editorial Board: Nicola Andrews, Tori Marshall, Mark Matharu & Simon Tolhurst

mail: HCC, Ground Floor North, 250 Euston Road, London, NW1 2PG · t: 020 3447 9526 m: 07930 260985

David Wheeler, Design & Layout, web: www.davidjwheeler.co.uk

Please let us know if you would prefer not to receive this newsletter or if it was sent to you incorrectly, and accept our apologies

Haematology Cancer Care is part of UCLH Charity, #1165398 · Founder Professor Anthony H Goldstone

We'd love to stay in touch.

Please sign up for our twice yearly newsletter, it's free! HaematologyLife is also available by email and you can unsubscribe at any time. Return the Opt-in form below to join our mailing list.

Name: _____

Address: _____

Postcode: _____

Phone: _____

Email: _____

Aftershock

Book by
Jules Mountain



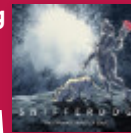
I order: _____

'Aftershock' is an exciting story of climbing Everest, including surviving the avalanche in 2015. By Jules Mountain, HCC Ambassador. Royalties to HCC.

£10 each

Snifferdog

CD by
John Mister



I order: _____

'The Strange Ways of Love' by blues musician John Mister and his band Snifferdog.

Royalties to HCC.

£10 each

HCC T-Shirt



I order: _____

Our lovely branded tee shirts are available in Sizes S - XL

£10 each

I enclose £ Grand total.

HCC HaematologyLife Magazine (free, twice yearly) and HCC monthly supporter's email

Please tick below if you would like to receive news and updates from Haematology Cancer Care, and let us know how you would prefer to receive updates:

☐ Just mail ☐ Just email ☐ Both

If you would like to receive future issues of our free twice yearly magazine, HaematologyLife, please return this form or email uclh.hcc@nhs.net. We do not share our mailing list: your information will only be used by HCC. You can unsubscribe at any time by contacting us.

For online orders, please email us at uclh.hcc@nhs.net and pay via www.justgiving.com/campaign/hcc and reference your name and order. If you're ordering by post, our address is: HCC, Ground Floor North, 250 Euston Road, London, NW1 2PG. Cheques made payable to Haematology Cancer Care.

Donations made simple

HCC is completely funded by donations and directly supports the haematology services at UCLH. We are grateful for all donations, large and small.

- To donate online please visit justgiving.com/campaign/hcc
- Or, to sponsor staff directly visit justgiving.com/fundraising/hcc-teamhaem
- Cheques payable to Haematology Cancer Care.
- To donate via BACS, please get in touch for our bank details.

If you are a UK taxpayer, and eligible for Gift Aid, we can claim an additional 25% of your donation, for no extra cost. To do so, enclose a dated note with your full name and address or request our gift aid form.

Please contact us about anything fundraising or donation-related, including gifts for HCC in your will, or set up a fund in someone's name.

Your contact details are used to keep you informed of Haematology Cancer Care's activities. They are held securely on a database at UCLH and will be treated confidentially. We will not pass your details to third parties unless we are required by law to do so. If you're receiving HaematologyLife you have 'opted-in' or supported HCC in some way previously. Please get in touch if you would like to opt out.