

# HaematologyLife

haematologycancercare.com



Spring 2025



HAEMATOLOGY  
CANCER  
CARE.

UCLH Charity



Jo Caulfield, Larry Dean, Lauren Pattison, and Mark Simmons headlined the Music & Comedy Night at Leicester Square Theatre hosted by Jojo Sutherland, in support of HCC!

Be part of our London 10K team Sunday 13th July!  
Get in touch for your place!



Join our London Bridgathon, Sunday 7th September 2025!  
<https://hcc-london-bridgathon-2025.eventbrite.co.uk/>

Photo by Daniela Sbrisny



Haematology Cancer Care brings together patients, families, supporters and staff to raise funds for the haematology unit at UCLH through our activities and events. HCC has been supporting UCLH for 30 years.



Thank you all!



Sara Goldman,  
Editor

## editorial.

The Spring Edition of Haematology Life coincides with that time of year as we springboard into the coming events - and as you read this, we hope there is appropriate weather to match our enthusiasm!

Good luck Ella Gardener and Kevin Lau, in the London Marathon for HCC, and Steph and Lizzie Mountain in the London Landmarks Half Marathon in April! We're hoping for the ever-popular London 10k in July (sign up now!), and for the scenic Royal Parks Half in October. For those who would rather support in a less aerobic way, join our 'cheer squad'! You're all making an enormous difference!

Catch up about all these events and more, in 'Community Roundup,' including the incredible Music and Comedy Event at the Leicester Square Theatre, thanks to James Kemp and the Kindness Project. Also check up on Lucy Musgrave as she cartwheels for HCC every day for three years. You need to take note of her stunning backdrops!

Jonathan and Giselle Taylor's incredible Vegas After Party Trilogy Ride is happening in France, in July. The Elias Taylor Leukaemia Scholarship is already making an impact in the CAR T-Cell therapy field. Good luck and thank you so much!

Whether you've been Bridgathon-ing with us for years, or joining us for the first time, we look forward to welcoming you on the 7<sup>th</sup> of September together with our Patrons, Professor Emma Morris and Julian Rhind-Tutt. The route along the Thames passes some of London's most iconic sites. While the walk extends to up to eight miles, the route can be adapted to a comfortable distance. You'll also be just as much part of the fun if you decide to walk locally! Read more in the enclosed flyer.

Over the past year, our 30<sup>th</sup>, we appreciated remaking old connections, reading your stories, and your generous donations meant we had an extra-special year financially too! It is especially meaningful when donations are received in difficult circumstances, in memory of your loved one, and when patients and families stay in touch beyond treatment and care. It is an honour to have you all as part of our HCC Community.

Lastly, we enjoy hearing from our ever-growing community, and look forward to sharing another successful year!

Sara Goldman

## Our Events

- Saucony London 10K Sunday 13 July
- London Bridgathon Sunday 7 September
- Royal Parks Half Sunday 12 October
- Supporters Christmas Party Friday 5 December

from our clinical staff

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## HaematologyNews

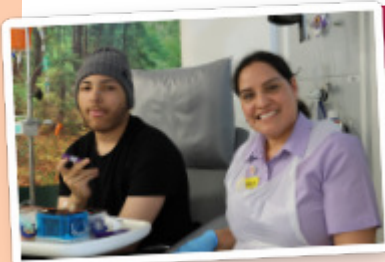
It was heartening recently to see newly published 5-year survival data for allograft transplants with the service here at UCLH standing out for all the right reasons. Of course sadly, it doesn't always work out for all patients. When this happens the experience of many months and sometimes years of treatment are all the more significant, aiming to find the important balance between intensive treatment and quality of life, and I know that patients are very grateful for this. Over the last few months we have received a couple of significant legacy donations from such patients whose generosity is now helping benefit other patients.

Stephen Rowley  
Senior Matron Haematology



These legacies and other donations are helping us develop some important projects. We have just provided a year's funding for a Mental Health Practitioner for our Teenage and Young Adult Patients and some of you will see Marlies at work on the wards. We are purchasing several training simulators that will help our doctors and nurses practice how to perform bone marrow aspirates. And HCC has just helped fund the establishment of a new and important national registry for T-Cell Lymphoma - something that will likely have profound impact over time and we will share more of this over future editions.

Lastly, I just wanted to say how pleased we were to see over 20 nominations so far from medicine, nursing, and our allied health care professionals, for this years (Professor) Tony Goldstone Mentoring Award. The current holder of the annual award, Dr Andrew Wilson will shortly be passing the baton, as the new winner is to be chosen this month. This is real a tribute to the importance of mentoring, and the strong teamwork in haematology! Watch this space for the winning name.



Our Young adult daycare patients can now access a shoulder, hand or foot massage, or an inhaler stick. These therapies can help them:

- Feel more relaxed and reduce stress or anxiety
- Distract from treatment and uplift mood
- Manage nausea, fatigue, discomfort or tension
- Improve sleep

Sessions every other Wednesday or Thursday, co-funded by HCC.

If you are interested in sponsoring this service, please get in touch.

## NEW! Complementary therapy for our teenage and young adult patients!

## Our Education Fund

By Rob McDonnell  
Senior Clinical Practice Facilitator



The CPF team have been particularly busy over the past couple of months with the latest batch of newly qualified nurses who have joined the six Haematology wards across UCLH. The initial transition from student nurse to newly qualified nurse can seem like a big step. We work with the nurses to help alleviate their anxieties about what to expect in the first 12 months of their nursing career. Clinical judgement and decision making takes time and confidence, and as a team we have run multiple study days where the nurses have been placed into groups to workshop critical thinking skills, understanding how to work within the limits of their competency. With the help of our specialist nurses and doctors, the newly qualified nurses have received up to date teaching on the different haematological disorders they will come across whilst working within the haematology service. As a team, we have ensured the teaching is appropriate and includes the particular nursing management of these patient groups. Feedback from each of the study days shows that the teaching we provide is not only essential but valued and thoroughly enjoyable. Our continued thanks to HCC for its ongoing support of training and education across haematology nursing, from funding study days and university courses, which helps enormously with nurse recruitment, retention and further development.

The mental health and wellbeing of staff, patients and loved ones has always been an aspect of care that I am extremely passionate about. Attending the Royal College of Nursing - Leadership to Improve Physical and Mental

Health Programme, has helped me to further understand the importance of patient-centred care, valuing mental and physical health equally and taught me ways to help ensure that this is carried out effectively across the ward.

Reflecting on the course has emphasised the importance of mental health at every level of the organisation. By leading with greater empathy and understanding, I've hopefully been able to build more trusting relationships with patients and loved ones, making a beneficial impact on their journey. I want to set a positive example and highlight the importance of mental health and wellbeing amongst my team, to ensure that patient care is consistently delivered with kindness and professionalism as well as promoting the wellbeing of the nursing team and aiming to ensure that they feel valued and supported in both their professional and personal lives.

Thank you so much to HCC for part funding my course and for helping me develop my career. I look forward to continuing to use the knowledge and skills that I have gained from this course.



Charlotte Rockett,  
Ward Sister 3N, GWB

Photo by  
Daniela Sbrisny

from our clinical staff

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## Returning to work full-time and studying...

By Eva Rizvi,  
Chemotherapy CNS

Photo by Daniela Sbrisny

I started in UCLH haematology 17 years ago and became a Chemotherapy CNS in 2011. I had two children while working part-time for several years and returned to full-time nursing last year. I am now undertaking the Advanced Clinical Assessment course. It's encouraging that after taking a career break it is possible to return to work and studies: the course is intense, and I am balancing work, studies, and my family each day.

Seeing patients coming for chemotherapy and transplant conditionings, in my role, the course will help me assess their suitability and flag issues early on, beyond SACT toxicities and blood results. My team is like a family and supportive of my learning journey.

HCC has supported both in my master's degree in 2010 and funding this course. I ran the London 10K in 2011 for HCC and look forward to doing so again this year, to express my gratitude! I am also looking forward to getting fitter, not being a natural runner and will need to do the Couch to 5K once again. I might let the kids tag along to burn their excess energy!



Tara Mann

## London Bridgathon

I was introduced to the Bridgathon in 2014 by my good friend who had been under the care of UCLH in the early 2000s, and 10 of us including family visiting from Canada took part. A wonderful way to raise funds whilst showing off our wonderful city. It

was the year of the poppy installation at The Tower of London and a beautiful sunny day! In 2016 my daughter and I had a special day of bonding and fundraising before she left home for university. In 2019 four of us walked it with the friend who had been treated all those years previously, never forgetting the care received and wanting to give back. Last year I registered to walk alone, in memory of my late father who suffered with MDS, although not treated in UCLH, it hit home that I had over the years contributed in a small way and wished to do so again, this time for personal reasons. As a surprise, my husband and son joined me. I can definitely be counted on to participate again!





## Haematology Support Group

By Vikky Riley, Maxene Wickwar, Daphne Earl, and the MSIS specialist team

Reflecting over the last six months reminds us of shared precious memories of Christmas parties, the monthly support groups and the daily contact with people whose lives are affected by living with a blood cancer or condition.

We now host four monthly support groups; one for people with POEMS, one for those with myeloma, the Haematology support group (for people who have a blood cancer or blood condition) and one for people who've had CAR T-cell treatment. Each group is unique, and the sharing experiences and peer support is invaluable. We are also planning future events in partnership with the dedicated clinical nurse specialists for people affected by TTP and MPN.

Other events we're planning include a spring coffee morning and information sessions about how to manage the impact of treatment. So please sign up to our newsletter to find out about what is happening in the Support and Information Service. To sign-up, email us at [uclh.cancerinformation@nhs.net](mailto:uclh.cancerinformation@nhs.net).

We have a support and information drop-in on the ground floor of the cancer centre. Within the drop-in service we learn so much about the challenges faced daily when living with a blood cancer or condition. Though we respect that we can't make things better, we strive to provide a warm welcome and offer support and information as needed. So, if you have a question or need to talk to someone, please come in. You can find more information about our service on our website at [uclh.nhs.uk/msis](http://uclh.nhs.uk/msis) or by calling 020 3447 3816.

## Junglist Movement visits UCLH

It was a great pleasure to host the family of Leke Adesoye who sadly passed away last year. A Junglist Movement plaque was unveiled on one of the new Apheresis machines in the UCH Cancer Centre in Leke's honour, as the founder of Aerosoul Ltd.



**"Leke supported HCC with the Aerosoul / Junglist Movement facemasks, where all profits were donated to the charity. It was a great honour to have an Apheresis machine named after him."** Aerosoul Ltd.

## Red Cell News

Sickle Cell is a genetic disorder of haemoglobin. When the body is stressed e.g. due to infection, the cells become sickle shaped and sticky, causing blood vessel damage and blockage wherever in the body this is happening. This happens a bit all the time, but sometimes a lot of cells are affected at once which can cause a sickle cell crisis. Crises are unpredictable, are often very painful, lead to organ damage and can be life-threatening. The clinical team work hard to support and engage children and their families from birth, and as they enter adolescence to ensure their sickle cell is kept at bay, and that they can have as normal a life as is possible. There are lots of preconceptions about people with sickle cell which can limit what they and others may expect of their lives. We would like to showcase two brilliant young people who are shining examples of the potential that many of our patients could reach, with the right support.



Christopher Dean,  
Paediatric Red Cell CNS

Photo by Daniela Sbrisny

Sammy, 20, has been very unwell in the past, including a visit to the paediatric intensive care unit with a life-threatening complication. Sammy and his parents opted to try disease modifying therapy in the form of hydroxycarbamide. Since being on this medication Sammy has rarely been in hospital for his sickle disorder and has only experienced mild to

moderate pain, which he has been able to manage at home. He is currently an undergraduate reading law at the University of Cambridge and is thriving!

Elisha, 20, is another amazing example of a young person overcoming the challenges of their chronic condition. Elisha found that medication alone was insufficient to keep her sickle at bay and following an admission to intensive care for an emergency transfusion, she started on a regular red cell exchange transfusion. Every five weeks she attends hospital, receiving up to eight units of donor blood which has allowed her to be well and complete her studies. Elisha is in her final year at university outside of London studying paediatric nursing and has hopes to return to UCLH to begin her career as a qualified nurse.

These are just two examples of young people who have overcome significant challenges with their condition who are able to achieve their full potential, and show the world that many people with sickle cell disorder, if well supported and engaging fully with treatment, can expect to do well, and have many of the same experiences as their peers. They have both shown that living with sickle does not define their lives and who they are as people, and their future looks bright. As a team we are immensely proud of their achievements and excited to see what the future has in store for them in their careers and beyond.



## Complementary therapy supports our red cell patients

By Ceris Fender-Reid,  
Head of Complementary Therapies



As a complementary therapy team, we're privileged to have got to know some of the UCLH red cell community well over the years and we're aware of how much our red cell patients deal with. We are very happy to be able to support people as out-patients and when admitted to the wards, all thanks to the generous support of HCC.

We offer gentle massage, reflexology, aromatherapy, aromatherapy inhaler sticks, Reiki and relaxation techniques. So, whether you need something to help ease muscle pain or tension or are feeling too unwell to be touched, we'll do our best to help.

We know some people with sickle cell or other red cell conditions can be hesitant to ask for complementary therapies, so we want people to know that our service is here for you. If you want to try it out just ask to be referred by your nurse on the ward, or ask the team in the Macmillan Support and Information Centre to refer you.

One of the main symptoms that our red cell patients want our help with is managing pain. While we can't take your pain away, we can often help by providing a distraction, some comfort and by helping you to relax and perhaps get some sleep. Relaxation techniques and aroma sticks can help you manage symptoms in between sessions or to relax, including during medical procedures.

CNS Alex gives this quote from one of her patients:

**"Complementary therapies have been beneficial not just to my physical but also my emotional wellbeing. The aroma sticks created for me have really assisted with managing nausea, stress and anxiety. The hand, neck and foot massages have helped manage pain and stiffness. I came away with techniques to add to my wellness, self-care toolkit. I would highly recommend complementary therapies to other red cell patients. Love and thanks to the amazing team."**



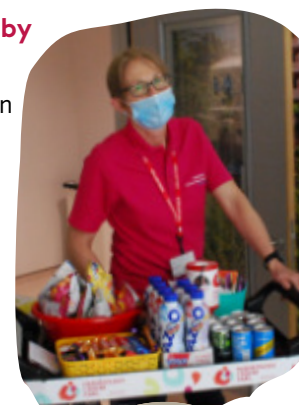
Helen DeMarco,  
Consultant Clinical & Health Psychologist and Service Lead, UCLH Cancer & Haematology Psychology and Psychotherapy Services

**The complementary therapy service is an integral part of service provision for people coming through the Red Cell Haematology Psychology Service. By working alongside the complementary therapy team, we have been able to support people to engage with essential parts of their medical and nursing care that can trigger severe anxiety, stress responses, trauma-based reactions, and high levels of physical pain for patients.**

## Our Projects!

How we are helping the haematology unit; everything listed here is funded by HCC, thanks to your support!

- GWB Atrium artwork by Dryden Goodwin
- Benches for the GWB Terrace
- Critical Care Unit patients support
- Complementary Therapy service for patients
- Exercise bike for inpatients
- Leadership Development Programmes
- Lymphoma, CAR T-Cell, and Autologous Stem Cell Transplant End of Treatment Schools
- MDS/MPN Network Event
- Nurses' wellbeing
- PhD research project making CAR T-Cells available to more patients
- Supporting our young adult patients with pizza evenings, goodie bags, gardening and social spaces and activities
- Red Cell Support Worker – Selina!
- Sleep cap service
- Snack Trolley for haematology inpatients
- VR headsets for patient and staff wellbeing
- Daycare employee of the month



## The Andy Sarsby Foundation

### Thank you!

The Andy Sarsby Foundation continues to make an amazing contribution to the Teenage and Young Adult Haematology Service at UCLH! They support our young people by sponsoring pizza nights, and providing VR headsets which help with 'switching off', difficult procedures and even physiotherapy! Their goodie bags contain feel-good products, and they are funding two new projectors, to provide an alternative distraction (to VR) during procedures. The constant supply of lollipops at UCLH are thanks to the ASF – these help take away the taste and dryness after many of our young people's treatment.

Beyond this, the Andy Sarsby Foundation have helped us bring to life outside space in the hospital where our young adult patients can enjoy being in the open air, doing arts and crafts, talking, relaxing or even gardening and watching their plants grow! The ASF will also be funding the new Cyanotype printing project this spring (using patients own items) with Daniela Sbrisny. Thank you for all your fundraising and for working with us to fulfil your mission of helping those navigating treatment in the moments in-between.

'We know that donations to Haematology Cancer Care at UCLH directly improve the experience of young adult haematology patients. It's not just the big things that make a difference, we really try to uplift the patients in the various small ways that make a huge impact on their wellbeing.'

[www.andysarsbyfoundation.com](http://www.andysarsbyfoundation.com)

@andysarsbyfoundation







## London Bridgathon

The London Bridgathon is one of our favourite events of the year because it's a wonderful opportunity to see old friends, and meet new ones, while supporting HCC! As always, while the full walk is an eight-mile circular walk from the leafy Vauxhall Pleasure Gardens, most participants adapt the distance and route, even making it just a simple short walk followed by a drink or lunch! What better way to spend the day than strolling along the Thames taking in London's most iconic sights.

Nothing can replace the presence of Chris, our lovely husband, father, brother, uncle, and friend but the London Bridgathon last September gave us a reason to come together to share the first anniversary of his death. Although poignant, it was an opportunity to honour him in a supportive, memorable, and positive way. 'Team Chris' included about 20 walkers (and eaters!); our youngest walker was five, the oldest almost 70! We spent a special day together, meeting at 11am and leaving a Thameside restaurant after 6pm and we raised some money too!

Rosalind Ringe

If you can't join us at Vauxhall Pleasure Gardens, why not bring the fun to you by creating your own walk locally. We'll mail you t-shirts too! We can't wait to find out which you choose this year!

Register via the enclosed flyer, or via eventbrite, for the London Bridgathon, Sunday 7<sup>th</sup> September!

<https://hcc-london-bridgathon-2025.eventbrite.co.uk/>



## London 10k

We're recruiting our team of runners for the Saucony London 10K on July 13! Join Team Haem and run in this exciting, flat 10K route through central London, with music and support at every turn. Last year's team raised over £11,000 for HCC! To sign up for this great event contact [uclh.hcc@nhs.net](mailto:uclh.hcc@nhs.net)

## Volunteering for HCC

By Nicola Andrews



I began volunteering for HCC in 2022: I was keen to be involved in the charity as UCLH had looked after my late husband Julian so well during his treatment for Non-Hodgkin Lymphoma. The haematology team, the innovations and care at UCLH, are second to none and I wanted to contribute to this continuing for other patients. I love meeting people so my main roles are helping at events and on the hub on the ground floor of the cancer centre where we offer a sympathetic ear, take donations and promote the events that everyone can get involved in. Come and say hello to me there on Tuesdays!

## Royal Parks Half

This special half marathon is an opportunity to run through Hyde Park, The Green Park, St James's Park, and Kensington Gardens, with closed roads and London's famous landmarks along the route! This year's run is on 12th October; join our team of patients, families, supporters and staff, running for haematology. Team Haem's runners raised over £21,500 at this event in 2024! Contact [uclh.hcc@nhs.net](mailto:uclh.hcc@nhs.net) to secure your place.



## London Marathon

By Ella Gardener

"I'll be running the London Marathon to raise funds for Haematology Cancer Care UCLH, a charity that has played a crucial role in my family's life. In August 2022, my dad

was diagnosed with lymphoma, and after two incredibly tough years, he recently completed a stem cell transplant. The care and expertise at UCLH have been instrumental in his treatment, and this is my way of giving back. I'm not a natural runner and getting a ballot place in the marathon came as a complete shock! Training has been tough, but after everything my family has been through, I'm determined to see this through."

<https://www.justgiving.com/page/ellamarathon2025>

Good luck Ella!

## Community Roundup

By Tori Marshall & Simon Tolhurst

Thank you Rik Pennington, the Deptford Wives, The Substitutes and Green Tree Chorus for your brilliant 'Beat It! Music Against Cancer' fundraising gig at the Honor Oak Pub.



Carol-Anne Wheeler has put her crafting skills to use, raising funds for Haematology Cancer Care - her friends and family are donating for her handmade cards and cake toppers.



'The J3 Boys', Jimmy, Jamie and Joe, raised an incredible £1200 through their gaming live stream, in support of their friend's treatment at UCLH. The trio's late Christmas event hosted various festive

games online, as well as holding an interactive quiz and rating their favourite Christmas songs for a live audience, and participants were able to donate for different rewards - like choosing a song for the boys to sing!

Reuben Jebreel organised a charity walk in memory of his football coach, Scott Ladley. With his friends, Rory and Bo, and dad, Simon, the team tackled a 13-mile trek - luckily in some winter sunshine - thank you!



Lucy Musgrave's three year 'Cartwheel a Day' challenge has now raised over £24,459 for haematology nurses' education!



We're very excited that the award-winning River Cafe is supporting HCC with their delicious Winter Set Lunch menu! Thank you so much and bon appetit! <https://www.rivercafe.co.uk/>



Good luck to our London Marathon 2025 runners, Ella Gardener and Kevin Lau! Ella is running in support of her dad, who recently received a stem cell transplant. Kevin is a patient, UCLH patient governor, and one of HCC's super volunteers - we can't wait to hear how they get on!



## London Landmarks Half Marathon

Lizzie and Steph Mountain are embarking on the LLHM this April. As the first two LLHM runners for HCC the sisters are breaking new ground, like their intrepid father, Jules (HCC Ambassador)! The London Landmarks Half Marathon is a closed road, central London run and is the only half marathon to go through both the City of London and the City of Westminster. If you'd like to express an interest for 2026, please get in touch! Good luck Lizzie and Steph! 'We are taking part to raise money for these brilliant charities (HCC and Cure Leukaemia) that help support so many people through their illness'.

<https://www.givewheel.com/fundraising/6443/half-marathon-for-hcc-and-cure-leukaemia/>

<https://www.givewheel.com/fundraising/6503/half-marathon-for-cure-leukaemia-and-haematology-c/>



## Music and Comedy Evening, Leicester Square Theatre

In February, supporters of HCC and Brave Parents charity enjoyed a fantastic evening of live performances by comedians and musicians including Jojo Sutherland, Larry Dean, Jo Caulfield, Mark Simmons, Lauren Pattison, Rob Godfrey, Abbie Gathard and Charlotte Elizabeth and The Funk 2K Band. Held at London's Leicester Square Theatre, this was a special night out! A very big thank you to James Kemp and The Kindness Project for producing an unforgettable evening, that lifted everyone's winter blues, whilst raising funds for both charities!



# Raffle Prizes Please!

Our Raffle helps raise a fantastic £15,000 annually for the Unit and relies completely on donated prizes. It would be wonderful to hear from anyone who could donate something for the 2025 Christmas Raffle!



## Special Donations

We gratefully acknowledge donations from friends, family and colleagues of:

Chrisostomos Anikitou, Efi Athanasiou, John Bodman, Vikki Box, Luigi Bragoli, Michael Brown, Jeff & Ken Davis, Gillian Drescher, Nunzia Fasciano, Derrick Graham, Neville Grant, Alec Glasgow, Nasifa Hannan, Christine Hurley, Barbara Hutchinson, Andrew Hyett, Nicki Jackson, Mandy King, Scott Ladley, Shaun Lewis, Robin Ling, Phil O'Dell, Brian O'Loughlin, Jane Oldfield, David Petch, Val Quieros, Gordon Rumsey, David Sewell, Brian Shaw, Phil Sparks, Ann Stoneman, Dennis Summerill, Frances Tempest, Irene Timlett, Marian Trapani, Frederick Utting, and Jonathan Wheeler. Andy Sarsby Foundation, Colin McArdle Fund, The GT Fan Club, Jessica Trotman Fund and Vegas After Party Trilogy Ride.

## Foreign Currency

Our foreign currency campaign raises funds for HCC. We accept all notes and coins including pre-Euro currency and old UK coins. Get in touch if you have any currency!

### I'm leaving a Legacy

HCC was a huge part of our daily lives while Graham was a patient, and since his passing, the team has remained a real source of comfort and inspiration to me, together with my friends and family as the GT Fan Club; and I do as much as I can to support them!



Graham and I wanted to make a provision to HCC as part of my updated will, which was simple to put in place and my solicitor was happy to advise how to manage the wording in a way that worked best for me. It means that I can gift money to HCC when I die, all as part of Graham's ongoing legacy. I encourage others to do the same. - **Mel Threader, HCC Ambassador**

## HCC Stars

Mark & Linda Ableson, Mary Blake, Margaret Cevik, Marco Choi, Aimee Duffy, Duddy Iczkovits, Ella Gardener, Annabel Goldstone, Reuben & Simon Jebreel, James Kemp - The Kindness Project, Sue & Rod Lavers, Olla Mahmoud, Shane McNeill & Glencore Commodities, Jules, Lizzie & Steph Mountain, Lucy Musgrave, Rik Pennington, Ethan Stock, Terri Steward & Broad Oak Manor, Jessica Tunstall & Holly, Carol-Anne Wheeler, The J3 Boys, The River Café, Bernadette, Anna, Elenor, Zoe.

Thank you for your extraordinary support!

# Support Haematology Cancer Care!

HCC is completely funded by donations and directly supports the haematology services at UCLH. We are grateful for all donations, large and small, or use the order form below to purchase HCC cards and goodies. Please print your details clearly and return this donation / order form via mail.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I enclose £ \_\_\_\_\_ Grand total.

*giftaid it*

### Gift Aid Declaration – making your gift go further

I am a UK tax payer and would like UCLH Charity to treat all donations I make or have made for the past four years as Gift Aid donations until I notify you otherwise. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference. I understand that other taxes such as VAT and Council tax do not qualify and that UCLH Charity will reclaim 25p of tax on every £1 that I give.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

## Shop HCC!



Badge  
£3 each



Tote Bag  
£5 each



Water Bottle  
£10 each



Pack of 10 plain cards  
Three colours!  
£4 pack

T-shirts, bandanas and pens also available!

## Online Donations and Orders

- To donate online please visit [justgiving.com/campaign/hcc](https://justgiving.com/campaign/hcc) – scan the QR code to visit this page
  - Or, to sponsor staff directly visit [justgiving.com/fundraising/hcc-teamhaem](https://justgiving.com/fundraising/hcc-teamhaem)
  - To order online, please email us with your chosen items and postal address.
  - Cheques can be made payable to Haematology Cancer Care and posted to our mail address.
  - To donate via BACS, please get in touch for our bank details.
- Please contact us about anything fundraising or donation-related, including gifts for HCC in your will, or setting up a fund in someone's name.



### HCC HaematologyLife Magazine (free, twice yearly) and HCC monthly supporter's email

Please tick below if you would like to receive news and updates from Haematology Cancer Care, and let us know how you would prefer to receive updates:

☐ Just mail ☐ Just email ☐ Both

#### Haematology Cancer Care

Sara Goldman, Head of Fundraising,  
Simon Tolhurst, Fundraising Officer, Tori Marshall, Fundraising Officer

#### Editorial Board:

Nicola Andrews, Tori Marshall, Mark Matharu, Simon Tolhurst

#### Photography contributors:

Mark Matharu, Daniela Sbrinsky, Simon Tolhurst

Design: David Wheeler — [www.davidjwheeler.co.uk](http://www.davidjwheeler.co.uk)

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HCC, 5th Floor Garden Lift, UCLH Cancer Centre, Huntley Street, London, WC1E 6AG

Freepost RTKU-LJHX-LEJH, Haematology Cancer Care, Ground Floor North, 250 Euston Road, London, NW1 2P

mail: HCC, Ground Floor North, 250 Euston Road, London, NW1 2PG

e: [uclh.hcc@nhs.net](mailto:uclh.hcc@nhs.net) - t: 020 3447 9526 - m: 07930 260985

Haematology Cancer Care is part of UCLH Charity, #1165398 · Founder Professor Anthony H Goldstone